

Volume 1

1500 1st Ave N
Coralville, IA 52241



Issue 5

319-337-6320
browndeerplace.com

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Resident Birthdays

July 1st:
John V.

July 12th:
Tom Ba.

July 25th:
Steve K.

July 27th:
Doris N.

July 29th:
Helen H.
Mary Martha S.



Anti-Boredom Month

**You'll find boredom where
there is the absence of a good
idea.**

- Earl Nightingale

Brown Deer Place Post

Notable July Activities!

July 5th & 19th:
We will be making toys and treats for the Iowa City Humane Society at 1:30pm.

July 9th:
Big Summer Barbeque 10:30am-1:30pm.

July 12th:
Men's Coffee and Donuts at 9:45am.

July 14th:
Ladies Tea at 3:00pm.



July 19th:
Brown Deer Place will be hosting a Lunch N' Learn at noon!

July 20th :
Vitals Clinic at 10:30am.

July 21st:
Mission Bluegrass band playing at Brown Deer Place at 6:00pm.

July 27th:
Brown Deer Place will be hosting an Alzheimer's support group at 6:00pm.

Our activities are free and open to the public! Please feel free to join us!

Professionally Managed by SENIOR HOUSING

Embracing Every Moment



Memo From The Manager

As summer starts to approach us we need to remember a few things about what to do to keep yourself safe and healthy. Please remember to drink plenty of water during our really hot days. This is the one thing that we forget to do and dehydration can happen fast, especially in our elderly and very young. Another thing we need to remember about the weather is the very active thunderstorms that we have. Always listen and be aware when a storm is approaching and go to the basement until the storm passes. At Brown Deer Place we have weather radio's and we move our residents to the hallway until it passes keeping our community safe.

As always, please contact me if you have any questions or concerns. I am always available.

Jodie Conrad, RN BSN

Note From The Nurse

Hello all,

Just a friendly reminder from your Health Care Coordinator of our monthly "Vital Sign Clinic" here at Brown Deer Place. It will be held the 3rd Wednesday of each month! Come have your blood pressure, heart rate, oxygen saturation, respirations, and weight checked. This is open to the public and is FREE so invite your friends in and give them a tour of the new community while they are here! 😊

Megan Leuer, RN/BSN

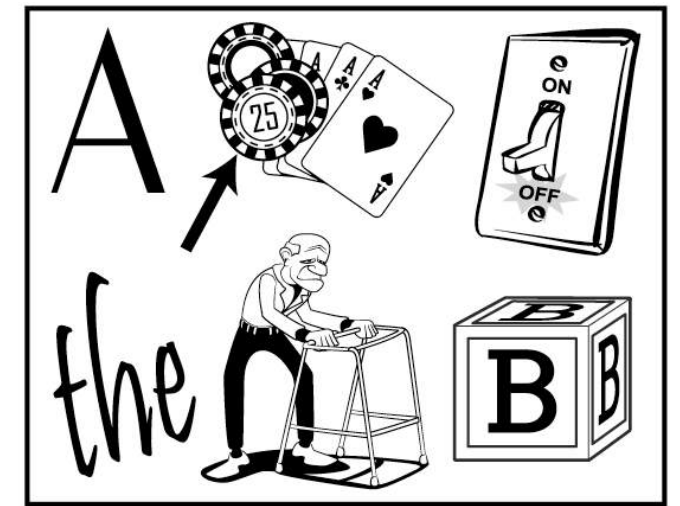
Cranium Crunches!

Concentration Puzzles

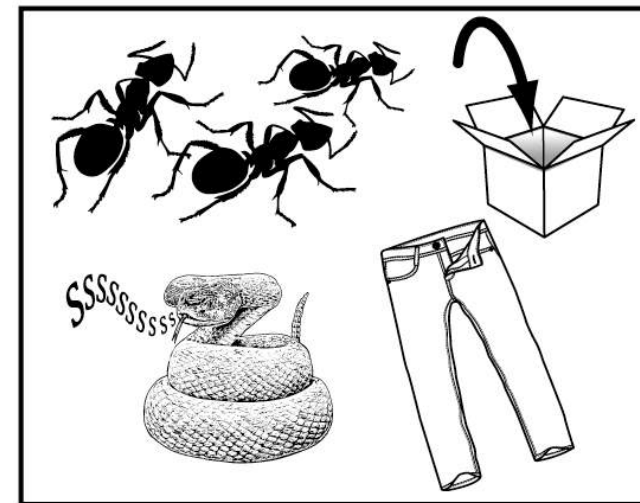
Use the visual clues in the puzzle boxes to figure out the phrases.



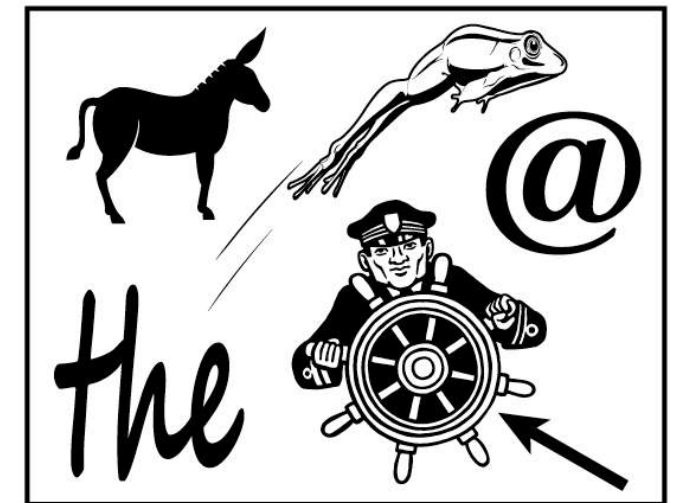
Puzzle #1



Puzzle #2



Puzzle #3



Puzzle #4

Answers: 1:C 2:False 3:C 4:True 5:A 6:B

Community Relations Coordinator

First off, I want to thank everyone for being so welcoming at Brown Deer Place. It has been an absolute pleasure meeting and getting to know everyone these last several weeks. On an exciting note... please save the date: Saturday, July 9th for a barbeque. This event will be free and open to the public. We will have food, games, and entertainment - Invite family, friends, and neighbors! See you there!

Stephanie Raackhorst, LMSW

Memory Care Director Coordinator

I deal with the orientation of the new employees in the gardens. I've currently been working on the memory boxes outside the doors of the residents in the gardens. I meet with each resident one-on-one and put pictures and mementos of their lives in them, so the staff and the other residents can learn a little more about each resident. If any family member or resident has any ideas of what they want in their memory box, let me know!

Sky Cameron

Life Enrichment Coordinator

Hello

everyone,

There are new and exciting activities on our activities calendar! Please check them out and if you have any questions don't be afraid to ask. Also, signup sheets will now be located with me (Katie). I will let you know if there is an activity that requires you to sign up. Just a reminder that all of our activities are **free** (unless stated otherwise) **and open to the public**. Friends and families are more than welcome to join us! Have a great July!

Katie Lewis

Culinary Corner

There has been a lot of great changes in the culinary department. I hope you guys are enjoying them. As we move further with our new menus I would like to ask you for your opinions and ideas to make it better. These are your dining rooms and YOUR homes. I want you to be served meals that you enjoy and maybe even meals that you ate with your families. Feel free to contact me with any questions, concerns or ideas. I would love to hear any recipe ideas that you would like to try!

-Autumn Wessels.

Maintenance Coordinator

A new addition to Brown Deer Place Independent Living is cool air in our hallways. With the summer heat fast approaching we will begin to experience longer hot days. Please be sure to inform the maintenance coordinator, or any other staff member if you are having any troubles with your apartment air conditioners.

Austin Vincent





Smile

Smile is a program Brown Deer Place uses to enhance the communication that exists between our community and our residents' loved ones. To do this, we have been working with Carextech, Inc., a leading healthcare communications company. Smile gives families 24/7 access to their loved one's daily activities and also allows staff to securely send positive messages, pictures and videos to authorized loved ones.

Family members receive notifications whenever there is a message from Brown Deer Place staff. Communication is always a two way-street, so Smile also provides a way for families to talk to our staff as well. Using Smile, you can send messages, pictures, videos and music files to our staff to share with your loved one. You can use Smile on any computer, tablet or smart phone – wherever and whenever you have access to the internet.

Please help us with this initiative by filling out this form and returning, so you too can be part of Smile. **For more information, contact Katie Lewis, Life Enrichment Coordinator at 319-337-6320 or email at Lifenrichment@browndeerplace.com**



Summer Barbecue

Join us for our backyard barbecue! This is **free** and open to the public. There will be food, games, and entertainment!

Saturday, July 9th

10:30AM – 1:30PM

**1500 1st Ave North
Coralville, IA**

No Need to RSVP-See You There!

