



# November 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
AR Activity Room DR Dining Room G The Gardens L Lobby LB Library O Outing			08:30 <b>L</b> Daily Devotions 10:00 <b>DR</b> Coffee Talk 11:00 <b>AR</b> Live to Be Healthy 02:00 <b>AR</b> Safe Strides 03:00 <b>LB</b> Guided Meditation	<b>1</b> 08:30 <b>L</b> Daily Devotions 10:00 <b>AR</b> Sit and Be Fit 11:00 <b>LB</b> Cards 02:00 <b>L</b> Popcorn Social	<b>2</b> 08:30 <b>L</b> Daily Devotions 11:00 <b>AR</b> Live to Be Healthy 01:15 <b>O</b> Hy-Vee 03:30 <b>L</b> Sheets with Music 04:00 <b>DR</b> Happy Hour	<b>3</b> 08:30 <b>DR</b> Resident Led Daily Devotions	<b>4</b>
<b>5</b> 08:30 <b>DR</b> Resident Led Daily Devotions	<b>6</b> 08:30 <b>L</b> Daily Devotions 11:00 <b>AR</b> Live to Be Healthy 01:00 <b>LB</b> Rosary 02:00 <b>AR</b> Bingo 03:00 <b>AR</b> Wii Bowling	<b>7</b> 08:30 <b>L</b> Daily Devotions 10:00 <b>G</b> Wal-Mart 10:00 <b>AR</b> Sit and Be Fit 11:30 <b>DR</b> Red Hats	<b>8</b> 08:30 <b>L</b> Daily Devotions 10:00 <b>AR</b> Activity Meeting 11:00 <b>AR</b> Live to Be Healthy 02:00 <b>O</b> Trader Joes	<b>9</b> 08:30 <b>L</b> Daily Devotions 10:00 <b>AR</b> Sit and Be Fit 11:00 <b>LB</b> Cards 02:00 <b>L</b> Popcorn Social	<b>10</b> 07:00 <b>DR</b> Vet's Breakfast 08:30 <b>L</b> Daily Devotions 11:00 <b>AR</b> Live to Be Healthy 11:45 <b>DR</b> Veterans Day Tribute 01:15 <b>O</b> Hy-Vee 04:00 <b>DR</b> Happy Hour	<b>11</b> 08:30 <b>DR</b> Resident Led Daily Devotions	
<b>12</b> 08:30 <b>DR</b> Resident Led Daily Devotions	<b>13</b> 08:30 <b>L</b> Daily Devotions 11:00 <b>AR</b> Live to Be Healthy 02:00 <b>AR</b> Bingo 03:00 <b>AR</b> Wii Bowling 06:15 <b>DR</b> Music with Leo	<b>14</b> 08:30 <b>L</b> Daily Devotions 10:00 <b>G</b> Wal-Mart 10:00 <b>AR</b> Sit and Be Fit 03:00 <b>LB</b> Father "Catholic Service"	<b>15</b> 08:30 <b>L</b> Daily Devotions 11:00 <b>AR</b> Live to Be Healthy 02:30 <b>DR</b> Apple Cider Social 03:00 <b>DR</b> Resident Meeting	<b>16</b> 08:30 <b>L</b> Daily Devotions 10:00 <b>AR</b> Sit and Be Fit 10:30 <b>LB</b> University of Iowa Museum of Art Presentation 11:00 <b>LB</b> Cards 02:00 <b>L</b> Popcorn Social	<b>17</b> 08:30 <b>L</b> Daily Devotions 10:00 <b>AR</b> Non-Denominational Thanksgiving Service 11:00 <b>AR</b> Live to Be Healthy 01:15 <b>O</b> Hy-Vee 04:00 <b>DR</b> Happy Hour	<b>18</b> 08:30 <b>DR</b> Resident Led Daily Devotions	
<b>19</b> 08:30 <b>DR</b> Resident Led Daily Devotions	<b>20</b> 08:30 <b>L</b> Daily Devotions 11:00 <b>AR</b> Live to Be Healthy 02:00 <b>AR</b> Bingo 03:00 <b>AR</b> Wii Bowling	<b>21</b> 08:30 <b>L</b> Daily Devotions 10:00 <b>G</b> Wal-Mart 10:00 <b>AR</b> Sit and Be Fit 12:00 <b>DR</b> Thanksgiving Lunch 02:30 <b>AR</b> Resident Food Committee	<b>22</b> 08:30 <b>L</b> Daily Devotions 11:00 <b>AR</b> Live to Be Healthy 01:00 <b>O</b> Old Creamery "A Christmas Carol"	<b>23</b> <b>Thanksgiving</b> 08:30 <b>L</b> Daily Devotions 10:00 <b>AR</b> Sit and Be Fit 11:00 <b>LB</b> Cards 02:00 <b>L</b> Popcorn Social	<b>24</b> 08:30 <b>L</b> Daily Devotions 11:00 <b>AR</b> Live to Be Healthy 01:15 <b>O</b> Hy-Vee 04:00 <b>DR</b> Happy Hour	<b>25</b> 08:30 <b>DR</b> Resident Led Daily Devotions	
<b>26</b> 08:30 <b>DR</b> Resident Led Daily Devotions	<b>27</b> 08:30 <b>L</b> Daily Devotions 11:00 <b>AR</b> Live to Be Healthy 02:00 <b>AR</b> Bingo 03:00 <b>AR</b> Wii Bowling	<b>28</b> 08:30 <b>L</b> Daily Devotions 10:00 <b>G</b> Wal-Mart 10:00 <b>AR</b> Sit and Be Fit 03:30 <b>L</b> Music with Scott	<b>29</b> 08:30 <b>L</b> Daily Devotions 10:00 <b>LB</b> The Iowan presentation 11:00 <b>AR</b> Live to Be Healthy 03:00 <b>AR</b> Bingo Store	<b>30</b> 08:30 <b>L</b> Daily Devotions 10:00 <b>AR</b> Sit and Be Fit 11:00 <b>LB</b> Cards 01:30 <b>L</b> Popcorn Social 02:00 <b>AR</b> Movie			



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# NOVEMBER 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Activity Room DR Dining Room G The Gardens L Lobby LB Library O Outing			09:30 G Daily Devotions 10:00 W Word Games 11:00 G Sittercise 02:00 G Art Group 04:00 G First Steps Visit 06:00 G Bingo	1 09:30 G Daily Devotions 11:00 G Sittercise 03:00 G Apple Cider Social 04:00 G Music Speaks 06:00 G Movie and Popcorn	2 09:30 G Daily Devotions 11:00 W Scenic Drive 11:00 G Sittercise 02:00 G Aromatherapy and Spa 03:30 G Sheets with Music 06:00 G Bingo	3 10:00 G Coffee Talk 11:00 G Sittercise 02:00 G Balloon Ball 03:30 G Hands, Nails, and Feet 07:00 The Lawrence Welk Show (PBS)
5 09:30 G Daily Devotions 02:00 G Bounce Ball 03:30 G Cards 06:00 G Trivia	6 09:30 G Daily Devotions 10:00 G Gratitude Turkey Craft 11:00 G Sittercise 01:00 LB Rosary 02:00 G Cooking Club 06:00 G Snack Time	7 09:30 G Daily Devotions 11:00 G Short Stories 11:00 G Sittercise 04:00 G Music Speaks 06:00 G Hands, Nails, and Feet	8 09:30 G Daily Devotions 10:00 W Whats Cooking Game 11:00 G Sittercise 02:00 G Art Group 04:00 G First Steps Visit 06:00 G Bingo	9 09:30 G Daily Devotions 11:00 G Sittercise 11:15 G Veteran Tribute 03:00 G Apple Cider Social 04:00 G Music Speaks 06:00 G Movie and Popcorn	10 07:00 G <i>Vet's Breakfast</i> 09:30 G Daily Devotions 10:30 W Scenic Drive 02:00 G Aromatherapy and Spa 03:00 G Puzzles 06:00 G Bingo	11 10:00 G Coffee Talk 11:00 G Sittercise 02:00 G Balloon Ball 03:30 G Hands, Nails, and Feet 07:00 The Lawrence Welk Show (PBS)
12 09:30 G Daily Devotions 02:00 G Bounce Ball 03:30 G Cards 06:00 G Trivia	13 09:30 G Daily Devotions 11:00 G Sittercise 02:00 G Cooking Club 06:00 G Snack Time 06:15 G Leo and Gary	14 09:30 G Daily Devotions 11:00 G Short Stories 11:00 G Sittercise 03:00 Father 04:00 G Music Speaks 06:00 G Hands, Nails, and Feet	15 09:30 G Daily Devotions 10:00 W Word Games 11:00 G Sittercise 02:00 G Art Group 04:00 G First Steps Visit 06:00 G Bingo	16 09:30 G Daily Devotions 11:00 G Towel Exercise 03:00 G Apple Cider Social 04:00 G Music Speaks 06:00 G Movie and Popcorn	17 09:30 G Daily Devotions 10:00 AR Non-Denominational Thanksgiving Service 11:00 G Sittercise 02:00 G Aromatherapy and Spa 03:00 G Straw Weaving 06:00 G Bingo	18 10:00 G Coffee Talk 11:00 G Sittercise 02:00 G Balloon Ball 03:30 G Hands, Nails, and Feet 07:00 The Lawrence Welk Show (PBS)
19 09:30 G Daily Devotions 02:00 G Bounce Ball 03:30 G Cards 06:00 G Trivia	20 09:30 G Daily Devotions 11:00 G Sittercise 02:00 G Cooking Club 06:00 G Snack Time	21 09:30 G Daily Devotions 11:00 G Short Stories 11:00 G Sittercise 12:00 G Thanksgiving Lunch 04:00 G Music Speaks 06:00 G Hands, Nails, and Feet	22 09:30 G Daily Devotions 10:00 W Thanksgiving Price is Right 11:00 G Sittercise 02:00 G Art Group 04:00 G First Steps Visit 04:00 G Music Speaks 06:00 G Bingo	23 09:30 G Daily Devotions 11:00 G Sittercise 03:00 G Apple Cider Social 06:00 G Movie and Popcorn	24 09:30 G Daily Devotions 11:00 W Scenic Drive 11:00 G Sittercise 02:00 G Aromatherapy and Spa 03:00 G Puzzles 06:00 G Bingo	25 10:00 G Coffee Talk 11:00 G Sittercise 02:00 G Balloon Ball 03:30 G Hands, Nails, and Feet 07:00 The Lawrence Welk Show (PBS)
26 09:30 G Daily Devotions 02:00 G Bounce Ball 03:30 G Cards 06:00 G Trivia	27 09:30 G Daily Devotions 11:00 G Sittercise 02:00 G Cooking Club 06:00 G Snack Time	28 09:30 G Daily Devotions 11:00 G Short Stories 11:00 G Sittercise 04:00 G Music Speaks 06:00 G Hands, Nails, and Feet	29 09:30 G Daily Devotions 10:00 W Word Games 11:00 G Sittercise 02:00 G Art Group 04:00 G First Steps Visit 06:00 G Bingo	30 09:30 G Daily Devotions 11:00 G Conductor Exercise 03:00 G Apple Cider Social 04:00 G Music Speaks 06:00 G Movie and Popcorn		



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