

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Morning Stretches (AR) 10:00 Wal-Mart (O) 11:00 Puzzles (LIB) 1:00 Manicures (L) 2:30 Sit and Be Fit (AR) 4:30 LifeShare Games (L)	2 9:30 Morning Stretches (AR) 10:30 Sing-Along (AR) 11:00 Live to be Healthy (AR) 1:00 Scrabble (LIB) 2:00 Scenic Drive (O) 3:30 Bingo Store (AR)	3 8:00 Beauty Salon Open 9:30 Morning Stretches (AR) 10:00 Hy-Vee (O) 11:00 Activity Meeting (AR) 1:30 Bingo (AR) 3:30 Sit and Be Fit (AR) 6:00 Bible Study (LB)	4 9:30 What Cheer Flea Market (O) 10:00 Coffee and Donuts (DR) 11:00 Live to be Healthy (AR) 3:00 UNO/Cards (LIB) 3:00 Beach Ball 4:00 Happy Hour (DR)	5 10:00 Board Games (AR) 11:00 Iowa vs Michigan Watch Party (AR) 1:00 Bingo 3:00 Sit and Be Fit (AR) 7:00 Lawrence Welk (LB) PBS
6 10:00 Board Games (AR) 11:00 Sit and Be Fit (AR) 1:00 Cards (LB) 6:30 Wheel of Fortune (LB) abc	7 9:30 Morning Stretches (AR) 11:00 Live to be Healthy (AR) 1:00 Rosary 1:00 Craft Corner (AR) 2:00 Bingo (AR) 3:30 Snack and Chat (AR) 4:00 LifeShare Games (L)	8 Yom Kippur Begins 9:30 Morning Stretches (AR) 10:00 Coral Ridge Mall (O) 11:00 Puzzles (LIB) 1:00 Manicures (L) 3:00 Father Catholic Services 6:00 Game Night w/ Special Guests (AR)	9 9:30 Morning Stretches (AR) 10:30 Sing-Along (AR) 11:00 Live to be Healthy (AR) 1:00 Scrabble (LIB) 2:00 Scenic Drive (O) 3:30 Virtual Travel (AR)	10 8:00 Beauty Salon Open 9:30 Morning Stretches (AR) 11:00 Dance Session (AR) 11:00 Puzzles (LIB) 1:00 Bingo (AR) 2:00 Housewarming Party-Wine and Cheese (L) 6:00 Bible Study (LB)	11 9:00 Flu Clinic (LB) 9:30 Morning Stretches (AR) 10:00 Hy-Vee (O) 10:00 Coffee and Donuts (DR) 11:00 Live to be Healthy (AR) 1:30 Singin' and Swingin' (L) 4:00 Happy Hour (DR)	12 10:00 Board Games (AR) 11:00 Sit and Be Fit (AR) 1:00 Bingo 2:00 Penn State vs. Iowa (TBD) 7:00 Lawrence Welk (LB) PBS
13 10:00 Board Games (AR) 11:00 Sit and Be Fit (AR) 1:00 Cards (LB) 6:30 Wheel of Fortune (LB) abc	14 Columbus Day 9:30 Morning Stretches (AR) 11:00 Live to be Healthy (AR) 1:00 Craft Corner (AR) 2:00 Bingo (AR) 3:30 Snack and Chat (AR) 4:00 LifeShare Games (L)	15 9:30 Morning Stretches (AR) 10:00 Wal-Mart (O) 11:00 Puzzles (LIB) 1:00 Manicures (L) 1:30 U of I Art Presentation (AR) 3:00 The Vue-Happy Hour (O) 4:30 LifeShare Games (L)	16 9:30 Morning Stretches (AR) 10:30 Sing-Along (AR) 11:00 Live to be Healthy (AR) 1:00 Scrabble (LIB) 2:00 Scenic Drive (O) 3:00 Resident Meeting	17 8:00 Beauty Salon Open 9:30 Morning Stretches (AR) 11:00 Dance Session (AR) 1:30 Bingo (AR) 3:30 Trivial Pursuit (AR) 6:00 Bible Study (LB)	18 9:30 Morning Stretches (AR) 10:00 Coffee and Donuts (DR) 10:00 Hy-Vee (O) 11:00 Live to be Healthy (AR) 1:30 UNO/Cards (LIB) 3:00 Oktoberfest Happy Hour (L)	19 10:00 Board Games (AR) 11:00 Purdue vs. Iowa 1:00 Bingo 3:00 Sit and Be Fit (AR) 7:00 Lawrence Welk (LB) PBS
20 10:00 Board Games (AR) 11:00 Sit and Be Fit (AR) 1:00 Cards (LB) 6:30 Wheel of Fortune (LB) abc	21 9:30 Morning Stretches (AR) 11:00 Live to be Healthy (AR) 1:00 Craft Corner (AR) 2:00 Bingo (AR) 3:30 Snack and Chat (AR) 4:00 LifeShare Games (L)	22 9:30 Morning Stretches (AR) 10:00 Wal-Mart (O) 11:00 Puzzles (LIB) 1:00 Manicures (L) 4:30 LifeShare Games (L) 6:00 Game Night w/ Special Guests (AR)	23 9:30 Morning Stretches (AR) 10:30 Sing-Along (AR) 11:00 Live to be Healthy (AR) 1:00 Scrabble (LIB) 2:00 Scenic Drive (O) 3:30 Bingo Store	24 8:00 Beauty Salon Open 9:30 Morning Stretches (AR) 11:00 Dance Session (AR) 11:00 Puzzles (LIB) 1:30 Bingo (AR) 3:45 Pumpkin Carving/Painting (AR) 6:00 Bible Study (LB)	25 9:30 Morning Stretches (AR) 10:00 Coffee and Donuts (DR) 10:00 Hy-Vee (O) 11:00 Live to be Healthy (AR) 3:00 UNO/Cards (LIB) 4:00 Happy Hour (DR)	26 10:00 Board Games (AR) 11:00 Iowa vs. Northwestern 1:00 Bingo 3:00 Sit and Be Fit (AR) 7:00 Lawrence Welk (LB) PBS
27 10:00 Board Games (AR) 11:00 Sit and Be Fit (AR) 1:00 Cards (LB) 6:30 Wheel of Fortune (LB) abc	28 9:30 Morning Stretches (AR) 11:00 Live to be Healthy (AR) 1:00 Craft Corner (AR) 2:00 Bingo (AR) 3:30 Snack and Chat (AR) 4:00 Community Trick or Treat (L)	29 9:30 Morning Stretches (AR) 10:00 Wal-Mart (O) 11:00 Puzzles (LIB) 1:00 Manicures (L) 3:00 Birthday Party (AR) 4:30 LifeShare Games (L)	30 9:30 Morning Stretches (AR) 10:30 Sing-Along (AR) 11:00 Live to be Healthy (AR) 1:00 Scrabble (LIB) 2:00 Scenic Drive (O) 3:30 Music with Scott (L)	31 Halloween 8:00 Beauty Salon Open 9:30 Morning Stretches (AR) 11:00 Food Meeting (DR) 11:00 Puzzles (LIB) 12:00 Halloween Potluck (DR) 1:30 Bingo (AR) 6:00 Bible Study (LB)		

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Daily Devotion 10:00 Sing-Along 11:00 Garden/Outdoor time 2:00 Name that Song 3:00 Bean Bag Toss 4:00 Music Therapy	2 9:30 Daily Devotion 10:00 Name that Song 11:00 Live to be Healthy (AR) 2:00 Scenic Drive (O) 3:00 Indoor Walking Group 4:00 Sensory Enrichment	3 8:00 Beauty Salon Open 9:30 Daily Devotion 10:00 Sing-Along 11:00 Garden/Outdoor time 3:00 National Park Tour 4:00 Music Therapy	4 9:30 Daily Devotion 10:00 Sing-Along 10:30 Coffee & Donuts 11:00 Live to be Healthy (AR) 2:00 Shake It! (Music) 3:00 Beach Ball 4:00 LifeShare Games	5 10:00 Therapeutic Coloring 11:00 Beach Ball 1:00 Lifeshare Games 2:00 Afternoon Snack and Music 3:00 Bean Bag/Ring Toss 4:00 Busy Baskets 6:30 Popcorn and Movie
6 10:00 Therapeutic Coloring 11:00 Beach Ball 1:00 Lifeshare Games 2:00 Afternoon Snack and Music 3:00 Bean Bag/Ring Toss 4:00 Busy Baskets	7 9:30 Daily Devotion 10:00 Name that Song 11:00 Live to be Healthy (AR) 2:00 Fall Coloring 3:00 Manicure 4:00 Afternoon Stretch	8 Yom Kippur Begins 9:30 Daily Devotion 10:00 Sing-Along 11:00 Garden/Outdoor time 2:00 Name that Song 2:00 Name that Song 3:00 Bean Bag Toss 4:00 Music Therapy 6:30 Movie and Popcorn	9 9:30 Daily Devotion 10:00 Name that Song 11:00 Live to be Healthy (AR) 2:00 Scenic Drive (O) 3:00 Pet Therapy 4:00 Sensory Enrichment	10 8:00 Beauty Salon Open 9:30 Daily Devotion 10:00 Sing-Along 11:00 Dance Session (AR) 11:00 Garden/Outdoor time 3:00 National Park Tour 4:00 Music Therapy	11 9:30 Daily Devotion 10:00 Sing-Along 10:30 Coffee & Donuts 11:00 Live to be Healthy (AR) 2:00 Shake It! (Music) 3:00 Beach Ball 4:00 LifeShare Games	12 10:00 Therapeutic Coloring 11:00 Beach Ball 1:00 Lifeshare Games 2:00 Afternoon Snack and Music 3:00 Bean Bag/Ring Toss 4:00 Busy Baskets 6:30 Popcorn and Movie
13 10:00 Therapeutic Coloring 11:00 Beach Ball 1:00 Lifeshare Games 2:00 Afternoon Snack and Music 3:00 Bean Bag/Ring Toss 4:00 Busy Baskets	14 Columbus Day 9:30 Daily Devotion 10:00 Name that Song 11:00 Live to be Healthy (AR) 2:00 Fall Coloring 3:00 Manicure 4:00 Afternoon Stretch	15 9:30 Daily Devotion 10:00 Sing-Along 11:00 Garden/Outdoor time 2:00 Name that Song 3:00 Bean Bag Toss 4:00 Music Therapy	16 9:30 Daily Devotion 10:00 Name that Song 11:00 Live to be Healthy (AR) 2:00 Scenic Drive (O) 3:00 Indoor Walking Group 4:00 Sensory Enrichment	17 8:00 Beauty Salon Open 9:30 Daily Devotion 10:00 Sing-Along 11:00 Dance Session (AR) 11:00 Garden/Outdoor time 3:00 National Park Tour 4:00 Music Therapy	18 9:30 Daily Devotion 10:00 Sing-Along 10:30 Coffee & Donuts 11:00 Live to be Healthy (AR) 2:00 Shake It! (Music) 3:00 Beach Ball 4:00 LifeShare Games	19 10:00 Therapeutic Coloring 11:00 Beach Ball 1:00 Lifeshare Games 2:00 Afternoon Snack and Music 3:00 Bean Bag/Ring Toss 4:00 Busy Baskets 6:30 Popcorn and Movie
20 10:00 Therapeutic Coloring 11:00 Beach Ball 1:00 Lifeshare Games 2:00 Afternoon Snack and Music 3:00 Bean Bag/Ring Toss 4:00 Busy Baskets	21 9:30 Daily Devotion 10:00 Name that Song 11:00 Live to be Healthy (AR) 2:00 Fall Coloring 3:00 Manicure 4:00 Afternoon Stretch	22 9:30 Daily Devotion 10:00 Sing-Along 11:00 Garden/Outdoor time 2:00 Name that Song 3:00 Pet Therapy 4:00 Music Therapy 6:30 Movie and Popcorn	23 9:30 Daily Devotion 10:00 Name that Song 11:00 Live to be Healthy (AR) 2:00 Scenic Drive (O) 3:00 Indoor Walking Group 4:00 Sensory Enrichment	24 8:00 Beauty Salon Open 9:30 Daily Devotion 10:00 Sing-Along 11:00 Dance Session (AR) 11:00 Garden/Outdoor time 3:00 National Park Tour 4:00 Music Therapy	25 9:30 Daily Devotion 10:00 Sing-Along 10:30 Coffee & Donuts 11:00 Live to be Healthy (AR) 2:00 Shake It! (Music) 3:00 Pumpkin Decorating 4:00 LifeShare Games	26 10:00 Therapeutic Coloring 11:00 Beach Ball 1:00 Lifeshare Games 2:00 Afternoon Snack and Music 3:00 Bean Bag/Ring Toss 4:00 Busy Baskets 6:30 Popcorn and Movie
27 10:00 Therapeutic Coloring 11:00 Beach Ball 1:00 Lifeshare Games 2:00 Afternoon Snack and Music 3:00 Bean Bag/Ring Toss 4:00 Busy Baskets	28 9:30 Daily Devotion 10:00 Name that Song 11:00 Live to be Healthy (AR) 2:00 Fall Coloring 3:00 Manicure 4:00 Community Trick or Treat	29 9:30 Daily Devotion 10:00 Sing-Along 11:00 Garden/Outdoor time 2:00 Name that Song 3:00 Bean Bag Toss 4:00 Music Therapy	30 9:30 Daily Devotion 10:00 Name that Song 11:00 Live to be Healthy (AR) 2:00 Scenic Drive (O) 3:00 Indoor Walking Group 4:00 Sensory Enrichment	31 Halloween 8:00 Beauty Salon Open 9:30 Daily Devotion 10:00 Sing-Along 11:00 Garden/Outdoor time 3:00 National Park Tour 4:00 Music Therapy		