

**Week 1 REGULAR/NAS**

**FALL WINTER 2019-2020 BASE MENU**

**Week at a Glance**

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B F S T</b>	CHOICE OF JUICE CHOICE OF CEREAL EGG:____ GLAZED OLD FASHIONED DONUT MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG:____ RAISIN TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL MAPLE SAUSAGE PATTY PEANUT BUTTER PANCAKES W/ HONEY BUTTER MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG:____ BANANA CREAM COFFEE CAKE MILK	CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG:____ BACON TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK
<b>N O N</b>	YANKEE POT ROAST W/ ROOT VEGETABLES SPICED APPLE RING GARNISH ROLL/MARG PUMPKIN PIE/TOPPING MILK	BAKED SWISS CHICKEN RICE PILAF CASCADE BLEND VEGETABLES BREAD/MARG CHERRY ALMOND TRIFLE MILK	MAPLE & ROSEMARY PORK LOIN BAKED SWEET POTATO CRISPY ROASTED BRUSSELS SPROUTS BREAD/MARG CRANBERRY MOUSSE MILK	MONTREAL PEPPERED STEAK CHEESY PARTY POTATOES GREEN BEANS BREAD/MARG BUTTERSCOTCH SUNDAE MILK	STUFFED CHICKEN PARMESAN SHELLS TOSSED GREENS W/ DRSG GARLIC TOAST SNICKERS BLONDIE MILK	SALMON CROQUETTE SCALLOPED POTATOES LEMON BROCCOLI BREAD/MARG DEVILS FOOD CAKE W/ CHOCOLATE GANACHE MILK	SWEDISH MEATBALLS OVER MASHED POTATOES SCANDINAVIAN VEGETABLES BREAD/MARG APPLESAUCE GELATIN MILK
<b>A</b>	BAKED PORK CHOP BROCCOLI	MEATLOAF MASHED POTATOES BEEF GRAVY	BREADED FISH FILET CREAMED PEAS	HERB BAKED CHICKEN PARSLEY NOODLES	BLACK OAK SMOKED SAUSAGE SAUTEED PEPPERS AND ONIONS	BEEF MINUTE STEAK CORN	CHEF SALAD CRACKERS
<b>E V E</b>	HEARTY SAUSAGE SOUP CRACKERS GARLIC TOAST CREAMY CUCUMBER SALAD MANDARIN ORANGES MILK	HAMBURGER SLIDERS W/ ASSORTED CONDIMENTS BAKED BEANS POTATO WEDGES CHILLED FRUIT MILK	SECRET INGREDIENT CHILI CRACKERS TOSSED GREENS W/ DRSG FRESH BAKED BREAD RAINBOW SHERBET MILK	HAWAIIAN PIZZA SHREDDED CARROT SALAD EMERALD PEARS COOKIE MILK	TURKEY SANDWICH W/ APPLES & WALNUT MAYO DILL PICKLE SPEAR SWEET POTATO PUFFS DARK SWEET CHERRIES MILK	CHICKEN & DUMPLINGS PEAS BREAD/MARG MIXED FRUIT MILK	PULLED PORK MAC & CHEESE BREAD/MARG SWEET PEPPER SLAW SLICED STRAWBERRIES MILK
<b>A</b>	CHEDDAR OMELET TOMATO JUICE	SCALLOPED POTATOES & HAM MIXED VEGETABLES	CHEDDARWURST ON BUN POTATO SALAD	COLD CUT SANDWICH POTATO CHIPS	SHEPHERD'S PIE VEGETABLE BLEND	CREAM OF TOMATO SOUP GRILLED CHEESE SANDWICH	VEGETABLE BEEF SOUP DELI SANDWICH

Menus Approved By:



09/15/19, 10/13/19, 11/10/19, 12/08/19, 01/05/20, 02/02/20, 03/01/20, 03/29/20, 04/26/20, 05/24/20

Notes:

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B F S T</b>	CHOICE OF JUICE CHOICE OF CEREAL EGG:____ MINI CINNAMON ROLLS MILK	CHOICE OF JUICE CHOICE OF CEREAL BACON FRENCH TOAST / SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG:____ TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG PUMPKIN CREAM CHEESE MUFFIN MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG:____ SEASONED BREAKFAST POTATOES TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL BREAKFAST PIZZA MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG:____ TOAST MARGARINE/JELLY MILK
<b>N O O N</b>	ROAST TURKEY CRANBERRY SAUCE MASHED POTATOES TURKEY GRAVY STUFFING GLAZED CARROTS PIE MILK	ITALIAN RAGU BROCCOLI GARLIC TOAST PEAR BLUEBERRY CRISP MILK	OLD FASHIONED MEATLOAF MASHED POTATOES BEEF GRAVY PEAS BREAD/MARG CHOCOLATE CRUNCH CHEESECAKE MILK	OLD BAY SEASONED FISH ROASTED POTATO MEDLEY BREAD/MARG SPINACH AU GRATIN LEMON PUDDING W/ TOPPING MILK	SWEET ONION CRANBERRY CHICKEN TWISTED MAC PASTA SALAD CHEESY CORN BREAD/MARG CHUNKY MONKEY BROWNIE MILK	PORK CHOPS IN SOUR CREAM GRAVY PARSLEY BUTTERED MASHED POTATOES MAPLE ROASTED CARROTS & BEETS BREAD/MARG OATMEAL CARAMEL BAR MILK	CLASSIC BEEF STEW BISCUIT TOSSED GREENS W/ DRSG ANGEL FOOD CAKE W/ STRAWBERRIES MILK
<b>A</b>	COUNTRY FRIED STEAK GREEN BEANS	COUNTRY FRIED CHICKEN MASHED POTATOES CHICKEN GRAVY	BAKED PORK CHOP CASCADE BLEND VEGETABLES	SWISS STEAK W/TOMATOES GARLIC BUTTERED NOODLES	BLACK OAK SMOKED SAUSAGE SAUERKRAUT	HERB BAKED FISH BRUSSELS SPROUTS	LOADED BAKED POTATO
<b>E V E</b>	BEEF SANDWICH W/ CREAMY HORSERADISH SAUCE POTATO CHIPS TOSSED GREENS W/ DRSG PINEAPPLE MILK	HAM & EGGS FRIED POTATOES TOMATO JUICE SUGARED ROLL CHEF'S CHOICE OF FRUIT MILK	CREAM CHEESE CHICKEN SOUP CRACKERS 1/2 DELI SANDWICH LETTUCE & TOMATO SLICE BAKED APPLES MILK	BBQ RIB SANDWICH PICKLES & ONIONS RANCH COLESLAW MANDARIN ORANGES COOKIE MILK	CABBAGE & BEEF SOUP CORNBREAD CROUTONS COTTAGE CHEESE W/ PEARS FRESH BAKED BREAD ICE CREAM SNACK MILK	GRILLED ASIAN CHICKEN FRIED RICE SESAME GREEN BEANS RASPBERRY PEACHES MILK	CHEDDARWURST ON BUN POTATO SALAD BAKED BEANS SHERBET MILK
<b>A</b>	BREADED FISH FILET VEGETABLE BLEND	REUBEN SANDWICH SWEET POTATO PUFFS	BEEF & NOODLES MIXED VEGETABLES	HAM AND BEANS CORNBREAD/MARGARINE	CREAMED TURKEY BISCUIT	VEGETABLE SOUP PEANUT BUTTER & JELLY SANDWICH	PANCAKES/SYRUP SCRAMBLED EGG WITH CHEESE

Menus Approved By:



09/22/19, 10/20/19, 11/17/19, 12/15/19, 01/12/20, 02/09/20, 03/08/20, 04/05/20, 05/03/20

Notes:

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B F S T</b>	CHOICE OF JUICE CHOICE OF CEREAL EGG:_____ LONG JOHN MILK	CHOICE OF JUICE CHOICE OF CEREAL BACON TOAST MARGARINE/JELLY FRUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG:_____ PEAR CREAM CHEESE COFFEE CAKE MILK	CHOICE OF JUICE CHOICE OF CEREAL MINI BREAKFAST QUICHE MILK	CHOICE OF JUICE CHOICE OF CEREAL SCRAMBLED EGG WITH CHEESE TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL MAPLE SAUSAGE PATTY PANCAKES/SYRUP MILK
<b>N O O N</b>	APPLEWOOD SMOKED PORK LOIN BAKED SWEET POTATO SCANDINAVIAN VEGETABLES ROLL/MARG PIE MILK	LOADED MEATLOAF CASSEROLE SEASONAL VEGETABLE BREAD/MARG HOT CHOCOLATE MOUSSE MILK	CREAMY CHICKEN CARBONARA CARROTS GARLIC TOAST PUMPKIN CAKE W/ APPLE GLAZE MILK	HONEY BAKED HAM SWISS CORN CASSEROLE GREEN BEANS BREAD/MARG SNICKER APPLE DESSERT MILK	ROAST BEEF MASHED POTATOES BEEF GRAVY SPICED APPLE RING GARNISH CASCADE BLEND VEGETABLES BREAD/MARG CHOCOLATE LASAGNA MILK	SHRIMP SCAMPI LEMON WEDGE WITH PARSLEY PENNE PASTA BROCCOLI GARLIC TOAST DARK SWEET CHERRIES MILK	CHILI CRACKERS MINI CINNAMON ROLLS TOSSED GREENS W/ DRSG PUDDING PARFAIT MILK
<b>A</b>	PEPPER STEAK RICE	CHEF SALAD CRACKERS	BBQ RIB PATTY FRIED POTATOES	COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY	BAKED PORK CHOP STUFFING	BAKED CHICKEN BREAST VEGETABLE BLEND	GRILLED TURKEY AND SWISS CHEESE SANDWICH POTATO CHIPS
<b>E V E</b>	CHICKEN TENDERS MASHED POTATOES COUNTRY GRAVY SEASONED PEAS BREAD/MARG BLUSHING PEARS MILK	TURKEY DUMPLING SOUP CRACKERS PEACH SALAD COOKIE MILK	CRISPY FISH SANDWICH CREAMY COLESLAW SCALLOPED POTATOES MIXED FRUIT MILK	BEEF BURRITO BOWL W/ TORTILLA STRIPS SOUR CREAM SHREDDED LETTUCE/TOMATO MANDARIN ORANGES SNICKERDOODLE RICE KRISPY BAR MILK	MEDITERRANEAN CHICKEN SALAD W/ FETA DRESSING PITA BREAD DIPPERS STRAWBERRIES & BANANAS ALMOND BREAD PUDDING W/ CARAMEL SAUCE MILK	CREAM OF TOMATO SOUP CRACKERS GRILLED CHEESE SANDWICH MARINATED CUCUMBERS SEASONAL FRUIT MILK	CRAN-WALNUT CHICKEN SALAD SANDWICH SWEET POTATO PUFFS PINEAPPLE CHEF'S CHOICE DESSERT MILK
<b>A</b>	SOUP OF THE DAY DELI SANDWICH	SLOPPY JOE ON BUN POTATO WEDGES	ITALIAN GOULASH MIXED VEGETABLES	CHICKEN NOODLE SOUP CHEESE & CRACKER PLATE	CHEESEBURGER ON BUN POTATO SALAD	MEATBALLS WITH SAUCE MASHED POTATOES/MARG	BLACK OAK SMOKED SAUSAGE BAKED BEANS

Menus Approved By:



09/29/19, 10/27/19, 11/24/19, 12/22/19, 01/19/20, 02/16/20, 03/15/20, 04/12/20, 05/10/20

Notes:

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B F S T</b>	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE LINK STRUDEL STICK MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG:____ TOAST MARGARINE/JELLY FRUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG:____ OAT & SPICE BREAKFAST SQUARE MILK	CHOICE OF JUICE CHOICE OF CEREAL EGG:____ TOAST MARGARINE/JELLY FRUIT MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE RAISIN BREAKFAST CASSEROLE MILK	CHOICE OF JUICE CHOICE OF CEREAL BACON FRENCH TOAST / SYRUP MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE GRAVY BISCUIT MILK
<b>N O O N</b>	FRIED CHICKEN PARSLEY SPRIG MASHED POTATOES CHICKEN GRAVY HARVARD BEETS ROLL/MARG FRUIT PIE MILK	GLAZED HAM BALLS MACARONI AND CHEESE GREEN BEANS PEAR GINGER UPSIDE DOWN CAKE MILK	REUBEN SANDWICH POTATO WEDGES CUCUMBERS IN DILL APPLE COBBLER W/ BUTTERSCOTCH SAUCE MILK	COUNTRY FRIED STEAK MASHED POTATOES ORANGE SLICE COUNTRY GRAVY BREAD/MARG MAPLE ROASTED BRUSSELS SPROUTS W/ BACON BLUEBERRY PIE BAR MILK	LEMON & ROSEMARY CHICKEN ROASTED POTATO MEDLEY WINTER SQUASH BREAD/MARG PEACH CRISP MILK	BEER BATTERED TILAPIA TARTAR SAUCE POTATO CASSEROLE VEGETABLE BLEND BREAD/MARG LEMON CHEESECAKE TART MILK	GRANDMA'S GOULASH SEASONAL VEGETABLE GARLIC BREAD FROSTED CAKE MILK
<b>A</b>	BEEF LIVER & ONIONS CORN	BEEF MINUTE STEAK GARLIC MASHED POTATOES	SPAGHETTI/ MEATSAUCE SPINACH	HERB BAKED FISH VEGETABLE BLEND	COOK'S CHOICE	CHILI MAC CRACKERS	BAKED HAM BOILED POTATOES/MARG
<b>E V E</b>	PULLED PORK SALAD W/ CORNBREAD CROUTONS W/ BBQ RANCH DRESSING PEACHES RASPBERRY FILLED OATMEAL COOKIE MILK	PHILLY JOE ON BUN POTATO CHIPS MANDARIN ORANGES ROCKY ROAD ICE CREAM MILK	TURKEY STUFFING BAKE PEAS STRAWBERRIES MILK	HAM AND BEAN SOUP SPICED APPLE RING GARNISH CRACKERS PUMPKIN CORNBREAD MIXED FRUIT MILK	SAVORY BEEF STROGANOFF NOODLES BROCCOLI FRESH BAKED BREAD FRUITED GELATIN MILK	FIRE BRAISED TURKEY SANDWICH LETTUCE /TOMATO /ONION PASTA SALAD BAKED APPLES MILK	CHEESY CHICKEN MIXED VEGETABLES BREAD/MARG SEASONAL FRUIT MILK
<b>A</b>	CHEDDAR OMELET TOMATO SLICES	CLASSIC BEEF STEW CRACKERS	CHICKEN TENDERS CHEF'S CHOICE OF POTATO	PIZZA TOSSED GREENS W/ DRSG	SOUP OF THE DAY COLD CUT SANDWICH	COTTAGE CHEESE FRUIT PLATE MUFFIN	CREAM OF TOMATO SOUP GRILLED CHEESE SANDWICH

Menus Approved By:



10/06/19, 11/03/19, 12/01/19, 12/29/19, 01/26/20, 02/23/20, 03/22/20, 04/19/20, 05/17/20

Notes: